**CREATE YOUR OWN GAME**

What is the name of your game?

What type of environment can this game be played in (outside/at home/ in the classroom, etc.)?

What materials do you need to play your game?

What are the rules of your game?

Can anyone get out in this game? If so, how do they get back in?

Safety first: list any instructions to make sure whoever is playing this game is being safe:

What physical activities does this game include (running, skipping, walking, squats, etc.)?

What are the health benefits of playing your game (increasing physical activity, flexibility, bone strengthening activities, muscular strength, etc.)?