2019 YMCA Quad Volleyball Rules

1. ***Team Composition***
   1. For any match, a team may consist of **up to eight players**. To be eligible for the season tournament, a player must have played in **at least one** **match** in the regular season.
   2. You must have **at least two players** to start a match.
2. ***Game Play***
   1. Before the match, captains will play “Rock, Paper, Scissors” to decide which team gets first serve.
      1. Matches will be played by alternating serves. The team that serves in Game 1 will also serve in Game 3 and Game 5.
   2. The match is won by the team that wins three sets. A set is won when a team reaches 25 points utilizing rally scoring. ***No win by two in the first four sets.***If the match goes to the fifth set, the first team to score 15 points wins the match. ***The fifth*** ***set is win by two.***
   3. Each team is allowed **one one-minute timeout** per game.
   4. The score is to be called out before each serve.
      1. If there is a dispute on a point, teams will replay the point.
   5. YMCA staff will record the following stats: aces, kills, and digs.
3. ***Tournament***
   1. A single elimination tournament will follow the round-robin regular season. Seeding is based on overall record.
      1. As far as tie-breakers, the first tie-break is a head-to-head match. The second tie-break is based on which team has a better sets record during the regular season.
4. ***Forfeited Game***
   1. A forfeited game will result in a 0-3 for matches and 0-25 for each set.
5. ***Dimensions***
   1. Net height is set at **seven feet, eleven inches**.
   2. Court dimensions are **60 feet by 30 feet**.
   3. The attack line is ten feet from the center line.
      1. In the Quad League, all players are hitters. Therefore, there are no back-row attack hitting faults.
6. ***Faults***
   1. **Four Hits:** A team hits the ball four times before returning it.
   2. **Catch:** The ball is caught and thrown.
   3. **Double Contact:** A player hits the ball twice in succession, or the ball contacts various parts of his/her body in succession.
   4. **Foot Faults:** A server steps on or over the serving line.
   5. **Blocking Net Infraction:** A player touches the opponent’s ball or an opponent’s body in the opponent’s space before or during the opponent’s attack hit or pass.
   6. **Net Infraction:** A player makes contact with the net.
7. ***Protest Procedure***
   1. Any protest involving the outcome of a game must be written and turned in to the Sports Director within 24 hours of the occurrence. Only the team captain shall submit the official protest. Protest forms shall be made available to team captains at the score table. YMCA Sports staff must be notified immediately, before the play continues, regarding the intent of a protest.

**NO PROTESTS SHALL BE ACCEPTED BY THE SPORTS STAFF ON SITE!**

1. *All Other Rules Follow the USA Volleyball Indoor Domestic Competition Regulation.*