







MAIN GYM Room Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
6:00-6:30 am						FACILITY CLOSED		
6:30-7:00 am								
7:00-7:30 am								
7:30-8:00 am								
8:00-8:30 am	Healthy Hearts & Active Lives 8:00-11:15 am		Healthy Hearts & Active Lives 8:00-11:15 am		Healthy Hearts & Active Lives 8:00-11:15 am			
8:30-9:00 am								
9:00-9:30 am								
9:30-10:00 am								
10:00-10:30 am								
10:30-11:00 am								
11:00-11:30 am								
11:30 am-12:00 pm								
12:00-12:30 pm								
12:30-1:00 pm								
1:00-1:30 pm								
1:30-2:00 pm								
2:00-2:30 pm								
2:30-3:00 pm								
3:00-3:30 pm								
3:30-4:00 pm								
4:00-4:30 pm								
4:30-5:00 pm								
5:00-5:30 pm								
5:30-6:00 pm								
6:00-6:30 pm	Healthy Hearts & Active Lives 5:45-7:00 pm		Healthy Hearts & Active Lives 5:45-7:00 pm			FACILITY CLOSED		
6:30-7:00 pm								
7:00-7:30 pm								
7:30-8:00 pm								
8:00-8:30 pm					FACILITY CLOSED			
8:30-9:00 pm								

 - FREE with your membership!

 - Facility is CLOSED

 - PAID class that requires registration

  - Area is open to all members






CARDINAL COURT Room Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY				
6:00-6:30 am						FACILITY CLOSED					
6:30-7:00 am								FACILITY CLOSED			
7:00-7:30 am										FACILITY CLOSED	
7:30-8:00 am											
8:00-8:30 am											
8:30-9:00 am											
9:00-9:30 am							Pickleball 9:00 am-1:00 pm				
9:30-10:00 am								Pickleball 9:00 am-1:00 pm			
10:00-10:30 am									Pickleball 9:00 am-1:00 pm		
10:30-11:00 am										Pickleball 9:00 am-1:00 pm	
11:00-11:30 am							Pickleball 9:00 am-1:00 pm				
11:30 am-12:00 pm								Pickleball 9:00 am-1:00 pm			
12:00-12:30 pm									Pickleball 9:00 am-1:00 pm		
12:30-1:00 pm										Pickleball 9:00 am-1:00 pm	
1:00-1:30 pm							Pickleball 9:00 am-1:00 pm				
1:30-2:00 pm		Pickleball 1:30-4:00 pm		Pickleball 1:30-4:00 pm	Pickleball 1:30-4:00 pm						
2:00-2:30 pm											
2:30-3:00 pm		Pickleball 1:30-4:00 pm		Pickleball 1:30-4:00 pm	Pickleball 1:30-4:00 pm						
3:00-3:30 pm											
3:30-4:00 pm		Pickleball 1:30-4:00 pm		Pickleball 1:30-4:00 pm	Pickleball 1:30-4:00 pm						
4:00-4:30 pm											
4:30-5:00 pm											
5:00-5:30 pm											
5:30-6:00 pm											
6:00-6:30 pm						FACILITY CLOSED					
6:30-7:00 pm								FACILITY CLOSED			
7:00-7:30 pm										FACILITY CLOSED	
7:30-8:00 pm											
8:00-8:30 pm					FACILITY CLOSED	FACILITY CLOSED					
8:30-9:00 pm									FACILITY CLOSED		

 - FREE class included with membership

 - Facility is CLOSED

 - PAID class that requires registration

  - Area is open to all members