



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

COMPETE FOR THE CAUSE CORPORATE CHALLENGE

5K RUN

1. Participants can walk or run on a predominately paved trail around the NW YMCA.
2. Awards and placements will be tracked both for Male and Female, and in the following age categories: 29-under, 30-39, 40-49, 50-59, and 60+.
3. There will be a virtual option. Complete 3.1 miles and send a picture to your team captain.
4. Please see coursemap.

THE MISSION BEHIND THE COMPETITION

The Y for All Campaign

As a participant in Corporate Challenge, you support the Y cause! Corporate Challenge is held to benefit the Y for All Annual Campaign, which is our fundraising campaign to make sure the Y's facilities and services remain **accessible to everyone in our community.**

100 percent of Y for All funds come from generous donations from the community. Those donations are then given back to those in the community who need a little support. Y for All provides **financial assistance** for Y memberships and programs, such as camp and early childhood education.