



# NORTHWEST Y POOL SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00-7:30am							
7:30-8:00am							
8:00-8:30am							
8:30-9:00am							
9:00-9:30am		Deep Splash 9:15-10:00 am LL		Shallow Splash 9:15-10:00 am TW	Deep Splash 9:15-10:00 am LL	Swim Lessons* 9:00 am-12:00 pm TW + LL	
9:30-10:00am							
10:00-10:30am							
10:30-11:00am							
11:00-11:30am							
11:30am-12:00pm						MAKO Practice 11:45 am-12:45 pm LL	
12:00-12:30pm							
12:30-1:00pm							
1:00-1:30pm	CLOSED 1:00-4:00 pm						
1:30-2:00pm							
2:00-2:30pm							
2:30-3:00pm							
3:00-3:30pm							
3:30-4:00pm							
4:00-4:30pm							
4:30-5:00pm							
5:00-5:30pm							
5:30-6:00pm							
6:00-6:30pm	MAKO Practice 6:00-7:00 pm LL		MAKO Practice 6:00-7:00 pm LL				
6:30-7:00pm							
7:00-7:30pm							
7:30-8:00pm							

\*Swim lessons are held  
Sept. 8-Oct. 18 and  
Oct. 27-Dec. 13.

**Pool Participants:**  
The Multipurpose Pool will close 30 minutes before the rest of the YMCA facility.

- LL -Lap Lanes
- TW -Teaching Well
- Open swim in all areas of the pool
- Entire pool is closed
- Some areas reserved for classes