



Northwest Y POOL SCHEDULE

**July
2021**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00-6:30am							
6:30-7:00am							
7:00-7:30am							
7:30-8:00am							
8:00-8:30am							
8:30-9:00am							
9:00-9:30am		Deep Splash 9:00-9:45 am LL		Shallow Splash 9:00-9:45 am TW	Deep Splash 9:00-9:45 am LL	Swim Lessons 9:00 am-12:00 pm TW + LL	
9:30-10:00am							
10:00-10:30am							
10:30-11:00am							
11:00-11:30am							
11:30am-12:00pm							
12:00-12:30pm	Amp-It Deep Water 11:45 am-12:30 pm LL		Arthritis Aquatics Basic 11:45 am-12:30 pm TW			MAKO Practice 11:45 am-12:45 pm LL	
12:30-1:00pm							
1:00-1:30pm	CLOSED 1:00-4:00 pm						
1:30-2:00pm							
2:00-2:30pm							
2:30-3:00pm							
3:00-3:30pm							
3:30-4:00pm							
4:00-4:30pm							
4:30-5:00pm							
5:00-5:30pm							
5:30-6:00pm							
6:00-6:30pm	MAKO Practice 6:00-7:00 pm LL		MAKO Practice 6:00-7:00 pm LL				
6:30-7:00pm							
7:00-7:30pm							
7:30-8:00pm							

Pool Participants:
The Multipurpose Pool will close 30 minutes before the rest of the YMCA facility.

LL -Lap Lanes -Open swim in all areas of the pool
 TW -Teaching Well -Entire pool is closed
 \$ -Class Fee -Some areas reserved for classes