



Northwest Y POOL SCHEDULE

Fall
2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
6:00-6:30am								
6:30-7:00am								
7:00-7:30am								
7:30-8:00am								
8:00-8:30am								
8:30-9:00am								
9:00-9:30am		Deep Splash 9:00-9:45 am LL		Shallow Splash 9:00-9:45 am TW	Deep Splash 9:00-9:45 am LL	Swim Lessons 9:00 am-12:00 pm TW + LL		
9:30-10:00am								
10:00-10:30am								
10:30-11:00am								
11:00-11:30am								
11:30am-12:00pm								
12:00-12:30pm	Amp-It Deep Water 11:45 am-12:30 pm LL		Arthritis Aquatics Basic 11:45 am-12:30 pm TW			MAKO Practice 11:45 am-12:45 pm LL		
12:30-1:00pm								
1:00-1:30pm	CLOSED 1:00-4:00 pm							
1:30-2:00pm								
2:00-2:30pm								
2:30-3:00pm								
3:00-3:30pm								Swim Lessons 2:30-4:00 pm LL
3:30-4:00pm								
4:00-4:30pm								
4:30-5:00pm								
5:00-5:30pm								
5:30-6:00pm								
6:00-6:30pm	MAKO Practice 6:00-7:00 pm LL		MAKO Practice 6:00-7:00 pm LL					
6:30-7:00pm								
7:00-7:30pm								
7:30-8:00pm								

Pool Participants:
The Multipurpose Pool will close 30 minutes before the rest of the YMCA facility.

- LL -Lap Lanes
- TW -Teaching Well
- \$ -Class Fee
- Open swim in all areas of the pool
- Entire pool is closed
- Some areas reserved for classes