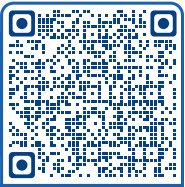




Northwest Y POOL SCHEDULE

Scan QR code to see
most up-to-date
pool schedules



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|-------------------|--------------------------------------------------|--------------------------------------------------|--------------------------------------------------|--------------------------------------------------|--------------------------------------------------|---------------------------------------------------|------------------------|
| 6:00-6:30 am | | | | | | FACILITY CLOSED | |
| 6:30-7:00 am | | | | | | Coelacanth 6:30-8:00 am | |
| 7:00-7:30 am | | | | | | | |
| 7:30-8:00 am | | | | | | | |
| 8:00-8:30 am | | | | | | | |
| 8:30-9:00 am | | | | | | | |
| 9:00-9:30 am | | | | | | | |
| 9:30-10:00 am | | Deep Splash 9:15-10:00 am LL | | Shallow Splash 9:15-10:00 am TW | Deep Splash 9:15-10:00 am LL | | |
| 10:00-10:30 am | Summer Camp 10:00-10:45 am Splash Pad + TW | Summer Camp 10:00-10:45 am Splash Pad + TW | Summer Camp 10:00-10:45 am Splash Pad + TW | Summer Camp 10:00-10:45 am Splash Pad + TW | Summer Camp 10:00-10:45 am Splash Pad + TW | Group Swim Lessons 9:00 am-12:00 pm TW + LL | |
| 10:30-11:00 am | | | | | | | |
| 11:00-11:30 am | | | | | | | |
| 11:30 am-12:00 pm | | | | | | MAKO Practice 11:15 am-12:45 pm LL | |
| 12:00-12:30 pm | Amp-It Water Running 11:45 am-12:30 pm LL | | | | | | |
| 12:30-1:00 pm | | | | | | | |
| 1:00-1:30 pm | Summer Camp 12:45-2:15 pm Splash Pad + TW | Summer Camp 12:45-2:15 pm Splash Pad + TW | Summer Camp 12:45-2:15 pm Splash Pad + TW | Summer Camp 12:45-2:15 pm Splash Pad + TW | Summer Camp 12:45-2:15 pm Splash Pad + TW | | |
| 1:30-2:00 pm | | | | | | | |
| 2:00-2:30 pm | | | | | | | |
| 2:30-3:00 pm | | | | | | | |
| 3:00-3:30 pm | CLOSED 3:00-4:00 pm | | CLOSED 3:00-4:00 pm | | | | |
| 3:30-4:00 pm | | | | | | | |
| 4:00-4:30 pm | | | | | | | |
| 4:30-5:00 pm | | | | | | CLOSED 4:30-5:00 pm | CLOSED 4:30-5:00 pm |
| 5:00-5:30 pm | | | | | | FACILITY CLOSED | |
| 5:30-6:00 pm | | | | | | | |
| 6:00-6:30 pm | MAKO Practice 6:00-7:00 pm LL | | MAKO Practice 6:00-7:00 pm LL | | | | |
| 6:30-7:00 pm | | | | | | | |
| 7:00-7:30 pm | | | | | | | |
| 7:30-8:00 pm | CLOSED 7:30-8:00 pm | CLOSED 7:30-8:00 pm | CLOSED 7:30-8:00 pm | CLOSED 7:30-8:00 pm | CLOSED 7:30-8:00 pm | | |
| 8:00-8:30 pm | | | | | | | |
| 8:30-9:00 pm | | | | | | | |

LL -Lap Lanes
 TW -Teaching Well
 -Open swim in all areas of the pool
 - FREE with your membership!
 - PAID class that requires registration
 -Entire pool is closed