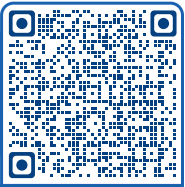




Northwest Y POOL SCHEDULE

Scan QR code to see
most up-to-date
pool schedules



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00-6:30 am						FACILITY CLOSED	
6:30-7:00 am						Coelacanth 6:30-8:00 am	
7:00-7:30 am							
7:30-8:00 am							
8:00-8:30 am							
8:30-9:00 am							
9:00-9:30 am		Deep Water 9:00-10:00 am LL		Shallow Splash 9:00-10:00 am TW	Deep Water 9:00-10:00 am LL	Group Swim Lessons 9:00 am-12:00 pm TW + LL	
9:30-10:00 am							
10:00-10:30 am							
10:30-11:00 am						MAKO Practice 11:15 am-12:45 pm LL	
11:00-11:30 am							
11:30 am-12:00 pm							
12:00-12:30 pm	Amp-It Water Running 11:45 am-12:30 pm LL						
12:30-1:00 pm							
1:00-1:30 pm							
1:30-2:00 pm							
2:00-2:30 pm							
2:30-3:00 pm	CLOSED 2:00 -4:00 pm		CLOSED 2:00 -4:00 pm				
3:00-3:30 pm							
3:30-4:00 pm							
4:00-4:30 pm							
4:30-5:00 pm						CLOSED 4:30-5:00 pm	CLOSED 4:30-5:00 pm
5:00-5:30 pm						FACILITY CLOSED	
5:30-6:00 pm							
6:00-6:30 pm	MAKO Practice 6:00-7:00 pm LL		MAKO Practice 6:00-7:00 pm LL				
6:30-7:00 pm							
7:00-7:30 pm							
7:30-8:00 pm	CLOSED 7:30-8:00 pm	CLOSED 7:30-8:00 pm	CLOSED 7:30-8:00 pm	CLOSED 7:30-8:00 pm	CLOSED 7:30-8:00 pm		
8:00-8:30 pm							
8:30-9:00 pm							

Please Note:
The Pool closes 30 minutes
before the rest of the facility.

- LL -Lap Lanes
- TW -Teaching Well
- ☐ -Open swim in all areas of the pool
- 🟡 - FREE with your membership!
- 🟢 - PAID class that requires registration
- 🟠 -Entire pool is closed