



# SPRING INTO ACTION

## SPRING BREAK CLASSES!

### Northwest Branch

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## MARCH 11-16

No registration required. All classes are on a first come, first serve basis.

DATE	TIME	CLASS	LOCATION
<b>Monday, 3/11</b>			
	6:00-6:45 am	Fit Mix	GX AB
	9:30-10:30 am	Power Pump	GX AB
	5:30-6:30 pm	RIPPED	GX AB
<b>Tuesday, 3/12</b>			
	8:00-8:45 am	Aqua Fit Shallow	Teaching Well
	9:00-9:45 am	Aqua Fit Shallow	Teaching Well
	9:30-10:15 am	HIIT	GX AB
<b>Wednesday, 3/13</b>			
	6:00-6:45 am	Fit Mix	GX AB
	9:30-10:30 am	Power Pump	GX AB
	6:45-7:30 pm	Zumba	GX AB
<b>Thursday, 3/14</b>			
	9:00-9:45 am	Aqua Fit Shallow	Teaching Well
<b>Friday, 3/15</b>			
	No Classes		
<b>Saturday, 3/16</b>			
	10:15-11:00 am	Zumba	GX AB



Questions? Contact Jen Miller at 812-961-2364 or email [jmiller@monroecountyyymca.org](mailto:jmiller@monroecountyyymca.org).

For class descriptions and more program information, see program catalog or visit [monroecountyyymca.org](http://monroecountyyymca.org).