



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

THE MONROE COUNTY YMCA FACILITY INCLUDES THE FOLLOWING AREAS:

- Indoor and outdoor tracks
- Fieldhouse for basketball, volleyball, aerobics, cardiovascular workout, and more.
- Wellness Center includes a stretching area, treadmills, Cybex machines, stairsteppers, bikes, ellipticals, rowers, and more.
- Free Weight Room
- Yoga Studio
- Racquetball Courts
- Cardinal Court for basketball or free play
- Two swimming pools, including a 25 meter main pool and separate warm water multipurpose pool ...and much more!

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YMCA GYMNASTICS CENTER
1917 S. Highland Avenue
(north of the YMCA)

Upper Playground & Shelter

Outdoor Playground, Restroom, & Shelter

Tractor Shed / Youth Barn

Monroe County YMCA Facility Map



TOURS of the YMCA are available through the Welcome Center or sign up online.