



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

COMPETE FOR THE CAUSE

CORPORATE CHALLENGE

SWIMMING

The 50 Yard Freestyle, 50 Yard Backstroke, and 50 Yard Breaststroke will be age bracketed events: 29-under, 30-39, 40-49, 50-59, and 60 & up. Separate male and female races.

MIXED RELAY

Teams are comprised of four swimmers; two male and two female. Each swimmer will swim one of the following legs (in this order): 50Y backstroke, 50Y breaststroke, 50Y choice of stroke, and 50Y freestyle.

MASTER'S RELAY

Teams are comprised of four swimmers, each of whom is at least forty years of age. Any combination of men and women. Each of the four will swim one of the following legs (in this order): 50Y back, 50Y breast, 50Y choice, and 50Y free.

MEN'S RELAY

Teams are comprised of four male swimmers. Each of the four will swim one of the following legs (in this order): 50Y back, 50Y breast, 50Y choice, and 50Y free.

WOMEN'S RELAY

Teams are comprised of four female swimmers. Each of the four will swim one of the following legs (in this order): 50Y back, 50Y breast, 50Y choice, and 50Y free.

100 FREE RELAY

Four swimmers; any combination male or female. Each of the swimmers will swim one leg (50Y)

T-SHIRT / SHORTS RELAY

Four swimmers; any combination male or female. Each must swim 50Y, take off t-shirt and shorts, and pass to next person.

Meet Order:

1. Mixed Relay
2. W 50Free
3. M 50Free
4. Women's Relay
5. Men's Relay
6. W 50Back
7. M 50Back
8. Master's Relay
9. W 50Breast
10. M 50 Breast
11. 100 Free Relay
12. T-Shirt and Shorts Relay

THE MISSION BEHIND THE COMPETITION

The Y for All Campaign

As a participant in Corporate Challenge, you support the Y cause! Corporate Challenge is held to benefit the Y for All Annual Campaign, which is our fundraising campaign to make sure the Y's facilities and services remain **accessible to everyone in our community**.

100 percent of Y for All funds come from generous donations from the community. Those donations are then given back to those in the community who need a little support. Y for All provides **financial assistance** for Y memberships and programs, such as camp and early childhood education.