



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

COMPETE FOR THE CAUSE

CORPORATE CHALLENGE

TRACK RELAYS

- During our Track Relay evening, we will also have Shot Put and Long Jump open to participate in.
- The events planned for the relay night are:
 1. **Master's Relay** – 3 runners, must be at least 40 years of age, no male/female requirements. Distances are 400, 400, 800
 2. **Mixed Relay** – 4 runners, must have at least two females. Distances are 400, 800, 800, 1200
 3. **4 X 200 Relay** – 4 runners, must have at least two females. All four runners run a 200.
 4. **Medley Relay** – we will announce the rules at the event, only 3 runners are required and there is not a male/female requirement
 5. **Rope Relay** – 4 runners, no male/female requirements. One runner drops after a 400, another drops after an 800, a third after a 1200, and one finishes a full 1600. Members of the team all hold onto the rope as they run
 6. **4 X 100 Shuttle Relay** – 4 runners, no male/female requirements, all runners run a 100
- Event will begin at 6:00pm sharp, as we will be trying to complete everything before dark.
- Companies must follow male/female requirements and not have competitors compete multiple times in the same race.

THE MISSION BEHIND THE COMPETITION

The Y for All Campaign

As a participant in Corporate Challenge, you support the Y cause! Corporate Challenge is held to benefit the Y for All Annual Campaign, which is our fundraising campaign to make sure the **Y's facilities and services remain accessible to everyone in our community.**

100 percent of Y for All funds come from generous donations from the community. Those donations are then given back to those in the community who need a little support. Y for All provides financial assistance for Y memberships and programs, such as camp and swim lessons.