



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

COMPETE FOR THE CAUSE

CORPORATE CHALLENGE

TRACK AND FIELD

*100 METER RUN

Separate male and female races. This race will be the length of one straightaway.

*400 METER RUN

Separate male and female races. This race consists of one lap around the track.

*ONE-MILE RUN

All participants will race together. This race consists of four laps around the track. Awards will be given to the top men and women in each age group.

*SHOT PUT

Each participant attempts three throws, with the longest mark winning.

*LONG JUMP

Each participant attempts three jumps, with the longest mark winning.

*We are only running individual events one night and only relays a different night. More details about the relay events will be sent to teams at a later date.

*AGE DIVISIONS

29 and under; 30-39; 40-49; 50-59; 60 and up

THE MISSION BEHIND THE COMPETITION

The Y for All Campaign

As a participant in Corporate Challenge, you support the Y cause! Corporate Challenge is held to benefit the Y for All Annual Campaign, which is our fundraising campaign to make sure the Y's facilities and services remain **accessible to everyone in our community**.

100 percent of Y for All funds come from generous donations from the community. Those donations are then given back to those in the community who need a little support. Y for All provides **financial assistance** for Y memberships and programs, such as camp and early childhood education.