



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

COMPETE FOR THE CAUSE

CORPORATE CHALLENGE

TUG OF WAR

Team composition:

- A team shall consist of a minimum of 4 tuggers and a maximum of 6. A team may not participate with less than 4 tuggers and companies cannot combine. A team may have up to 8 total members to allow substitutes from round to round.
- No weight limit and there is no limit on the amount of teams a business can enter.
- We will be having two separate tournaments. A WOMENS division and an OPEN division. Only females may participate in the WOMENS division, while the OPEN can be all males or a combination of males and females.

Event Rules:

- Teams will line-up on either side of the rope as they so choose. The anchor, or last person at the end, is the only member of the team who may touch the ground with his/her hands. No member of the team may sit on the ground for more than five (5) seconds. Penalty will be loss of pull.
- The tug will be started on the command of the official. The team that pulls the rope 12 feet from the center will be declared the winner.
- There will be a 45-second time limit on the tug. If the whistle signifying the end of the tug sounds, the team that has the most rope on their side of the centerline is declared the winner. There will be a guaranteed minimum of 3 minutes between tugs if needed.
- The tournament will be double elimination format.

Clothing:

- Long-sleeved shirts are recommended. Gloves are optional but not recommended. No sticky substances are permitted on the hands of gloves.
- Boots may be worn, including hiking, combat, or other types. Participants are allowed to wear rubber cleats, metal cleats will not be allowed. If inside, soft sole shoes must be worn

THE MISSION BEHIND THE COMPETITION

The Y for All Campaign

As a participant in Corporate Challenge, you support the Y cause! Corporate Challenge is held to benefit the Y for All Annual Campaign, which is our fundraising campaign to make sure the Y's facilities and services remain **accessible to everyone in our community.**

100 percent of Y for All funds come from generous donations from the community. Those donations are then given back to those in the community who need a little support. Y for All provides **financial assistance** for Y memberships and programs, such as camp and early childhood education.